

<p>Activity Idea</p> 	<p style="text-align: center;"><u>Rudolph and the Reindeers</u></p> <p>This activity can be used with any age group but will probably work best with those who still believe! The children will think about how Rudolph felt when he was picked to lead Santa's sleigh.</p>
<p>Outcome</p>	<p>The children will have an understanding of how it feels when people are left out and have been called names. They will begin to have a sense of empathy and learn alternative ways to cope with the situation such as forgiveness.</p>
<p>Guidance</p>	<ul style="list-style-type: none"> • Read the children the story of Rudolph using a version that starts with Rudolph having no friends until Father Christmas recognised his special talents. • Ask the children why the other reindeers called Rudolph names. Ask them how they think this would have made Rudolph feel when the other reindeer were mean to him. • Ask the children if they have ever been called any names and how they felt when this happened. • Was Rudolph being bullied? Could discuss the difference between being bullied and someone just not being nice. • Ask the children if they have ever called anyone names. Discuss why they may have done this and how they were feeling when they did this. • Discuss with the children what Rudolph could have done when he was left out, such as gone to find some other reindeers to play with, thought of something that he knew he was good at, or maybe he could have thought of how his red nose made him special and unique amongst the other reindeers and felt proud about it. • Get the children to think about what they could do if someone calls them names. What did Rudolph do? He forgave the other reindeer. Could they forgive those who call them names? • Talk about how Father Christmas found Rudolph's red nose so special that he gave him the most important job. Relate this to each child's special uniqueness or talents – perhaps going around the children and telling them why you think they are unique if they are struggling to find one of their own. Or ask the children to pair up and tell each other what they like about the other. • Could also make a science link to our physical uniqueness as individuals, e.g. fingerprints.
<p>Success Criteria</p>	<p>Children are able to suggest at least one thing that makes them special and suggest one way thing they could do if they are called names, e.g. forgive the person.</p>
<p>Resources</p>	<p>Story of Rudolph</p>